

Discussion questions

My Dream by Lena B

1. Lena talks about feeling like she was "acting" for much of her life. Have you ever felt like you were pretending to be someone else? What made you feel that way?
 2. Lena writes about being "full of contradictions." Can you relate to feeling pulled in different directions when it comes to your identity or beliefs?
 3. Lena dedicates her biography to her father. What is something meaningful you've learned from a family member or someone you look up to?
 4. Lena reflects on memories like Shabbat dinners and summer camps. What family or cultural traditions shape your sense of who you are?
 5. Lena says she was afraid of "not being a Jew as I'm told." What do you think it means to be true to your cultural or religious identity?
 6. Lena realizes that her Jewish identity was always part of her, even when she wasn't thinking about it. Are there parts of your identity that feel like that – present even when you're not actively focused on them?
 7. Lena often looks up at the sky, wondering what she's searching for – her father, a dream, or something else. What do you do to feel connected to someone you've lost or someone far away?
 8. Lena's story ends with her embracing her identity and feeling proud. Is there something about yourself that you're learning to accept or celebrate?
 9. If you were to write your own biography today, what key moments or turning points would you include?
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